

A blurred, light green-tinted photograph of a person lying on their back, receiving a massage. The hands of the masseuse are visible, gently working on the person's back and legs.

NOA

spa & wellness

EST  1995
GLENROYAL
HOTEL
★★★★

WELCOME

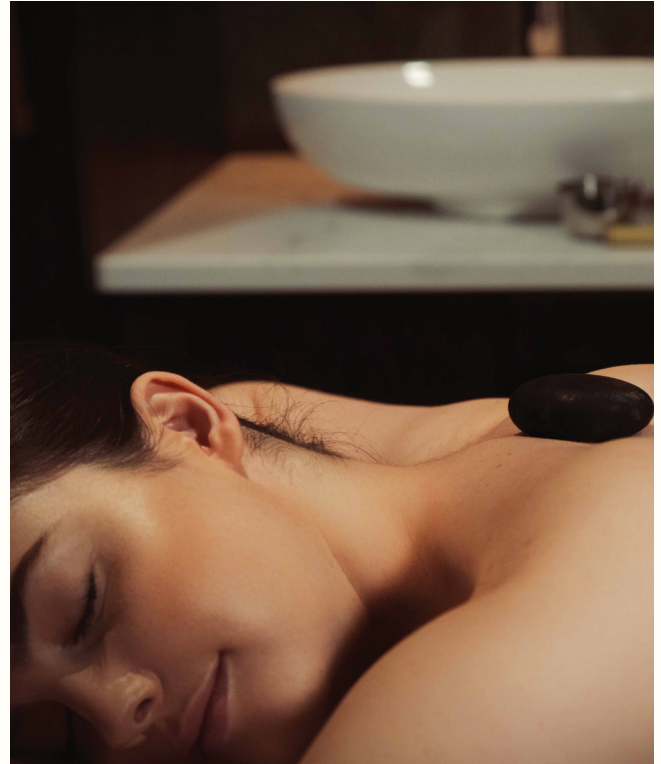
Results driven treatments with the luxury of Spa

Welcome to Noa Spa and Wellness,

Meet the friendliest Spa Team in Ireland, ready to help you relax, refresh and renew. We have personally selected a range of luxurious spa treatments especially for you. These treatments are uniquely designed to deliver exceptional results through holistic well-being and modern treatment programmes. Indulge in pure relaxing spa experiences or luxurious yet more results driven spa treatments. A selection of bespoke treatments awaits you.



spa & wellness



VOYA

VOYA are the leading experts in harnessing the endless restorative and healing powers of seaweed. All VOYA skincare products contain powerful, organic anti-oxidants with anti-aging properties as the seaweed ingredients boost the immune system and are proven to detoxify, hydrate and nourish your skin and hair. It truly is the gift from the sea.

YON
KA
P A R I S

Yon-Ka provides your skin with the most precious parts of the plant. Their revitalizing essential oils full of solar energy and complementary active ingredients, vitamins, fruit acids and polyphenols deliver results-driven, yet pampering treatments and products. With a Yon-Ka treatment, the client truly de-stresses in a cocoon of heavenly ambiance.

NOA SPA SIGNATURE

NOA SPA SIGNATURE TREATMENTS



85 MINUTES - €135

Our signature wellbeing face & body treatments are designed to bring your mind, body and soul back into harmonious alignment. Incorporating sound therapy, hot stone & bamboo massage techniques with personalised essential oil blends for a unique experience; your whole being will radiate health & wellness.

Each wellness escape is customised to your needs:

Choose from a 60 minute full body massage with an EscaleBeaute escape facial or our 60 minute signature facial complimented with a back neck and shoulder massage.



YON-KA FACIALS

Allow our skilled Yon-Ka experts to take your face, neck, shoulders and décolleté on a blissful experience of perfect motion and harmony using the power of nature, aromatherapy and science for a results based treatment that leaves your skin rejuvenated and radiant.

YOUTHFUL ADVANCED OPTIMISER FACIAL



55 MINUTES - €95

Firming, Toning, Lifting, Collagen Repair

An advanced lifting and firming treatment to optimise and maximise your skins regeneration. Enjoy superior results after just one treatment with this anti-aging facial which specifically focuses on lifting. A course of treatments assists and remodels collagen long-term.

TIME RESIST ANTI-AGEING FACIAL



55 MINUTES - €95

Anti-wrinkle, Anti-fatigue, Energising

This energising treatment helps boosts elasticity and collagen to firm and reduce medium to deep lines and wrinkles. Replenish your skin with powerful actives, 24 amino acids, stem cells, peptides and nutrients. Clinical trials prove a 12% reduction in wrinkles after only one treatment. A course of facials is highly recommended for optimum wrinkle reduction.

YON
KA
P A R I S



YON-KA FACIALS

THE HYDRALESSENCE FACIAL 55 MINUTES- €90

Sensitive Skin, Maximum Hydration

The Hydralescence - This intensely hydrating facial helps restore the skin's natural barrier function and soothes dry, dehydrated skin by infusing multiple forms of hyaluronic acid and essential nutrients to help take your skin to hydrated bliss. Particularly beneficial after sun exposure or for thirsty skin in need of long lasting, deep hydration.

YON-KA SIGNATURE FACIAL 55 MINUTES - €85

Rebalance, Deep Cleansing

A customised, restoring and relaxing facial designed to target all of your skin concerns. It balances & re-mineralises your skin while focusing on deep pore cleansing, with extractions. Ideal for all skin types who want to maintain a healthy complexion.



YON-KA MASSAGE & BODY TREATMENTS

AROMA FUSION ESCAPE MASSAGE

55 MINUTES - €85

Give your body the ultimate massage experience with Yon-Ka Aroma Fusion. Noa Spa invites you to escape on a relaxation journey using either volcanic hot stones or bamboo canes. Release muscular stress, reduce tension and restore your body's perfect harmony and flow.

Enjoy an Escape Massage with your all-natural aroma-fusion aromatic concentrate, choose which unique formulas suit your specific needs:

Detox - In Provence

Using lavender and everlasting essential oil to induce stress relief has a detoxifying effect.

Silhouette - A walk in the Forest

With essential oils of Cedar and Cypress, has a toning and invigorating effect.

Vitality - In Corsica

With essential oils of Mandarin and Sweet Orange, imparts an energy boosting effect.

Relax - In Polynesia

With its exhilarating Tiare Flower and Jasmine notes, is an invitation to deep relaxation.





VOYA FACIAL TREATMENTS

DELUXE FACIAL EXPERIENCE



85 MINUTES - €120

The ultimate VOYA facial experience.

Your treatment begins with a relaxing back massage to induce relaxation and gently melt away muscular pain.

This is followed by a results-driven hydrating and purifying facial, which includes facial massage to deeply hydrate the skin, along with a dual-action facial mask which utilizes the exclusive re-mineralizing, VOYA Mermaid's Purse* and Laminaria Seaweed Leaves. This facial leaves the skin rejuvenated, the appearance of deep-set wrinkles is reduced and the skin's texture is left hydrated and plumped. This is the crème de la crème of all facial experiences.



VOYA FACIAL TREATMENTS

SELF DISCOVERY RADIANCE FACIAL



55 MINUTES - €80

This ocean-inspired organic facial is deeply detoxifying, thoroughly revitalizing and helps to smooth skin tone and increase clarity. It incorporates a relaxing facial massage using a range of VOYA seaweed products to release any build-up of toxins and to repair and nourish skin cells damaged by pollution and chemical exposure. You will be left with a revived, glowing, yet non-greasy complexion that is both enriched and strengthened.

Allow VOYA to tailor your facial specifically to your skin's unique needs. In the comfort of the treatment room, your VOYA therapist will go through a comprehensive skin analysis and choose specific facial products to target

your particular skin concerns. Using a combination of gentle exfoliators, serums and masks, this facial helps to transform your skin leaving it feeling purified, nourished and perfectly balanced. Choose from:

- Purifying Facial (oily/ combination skin)
- Ultra Calming Facial (sensitive skin)
- Intensive Hydra Veil Facial (dry skin)

VOYA



VOYA BODY TREATMENTS

VOYAGER MASSAGE JOURNEY

85 MINUTES - €120

A complete top-to-toe relaxation journey, this treatment incorporates scalp, face and body massage alongside stretches that echo the movement of the sea. Combining both gentle and stimulating motions, this massage is tailored to you individual needs for the the ultimate luxury treatment to relieve aches and pains.

Choose from:

- Uplift - Angelicus Serratus
- Relax - Mindful Moments
- Muscle Relief - Ginger Chai

MINDFUL DREAMS

70 MINUTES - €99

VOYA's Mindful Dreams massage ritual, offering you a heightened sense of relaxation; this is a powerful sleep encouraging experience. Be ready to have all stresses, strains and tension melt away.

ORGANIC HYDRATING BODY SCRUB

55 MINUTES - €80

VOYA's dual-action lathering body buff exfoliates with finely ground walnut shells and nourishes your skin with a blend of almond oil, seaweed and ginger extracts. Our gentle yet effective formula removes rough and lifeless looking skin cells, to reveal much more refined softer and silky smooth skin.

VOYA BODY TREATMENTS

ORGANIC WARM SPICED MUD WRAP

55 MINUTES - €85

Seaweed is taken fresh from the ocean and its purifying elements, including potent antioxidants and minerals, are encapsulated in VOYA's Organic Warm Spiced Mud Wrap. Infused with aromatic spices of ginger and orange to revive the senses, this wrap has immediate and noticeable effects on the skin, including firming and toning, it is also a serious detoxifier, metabolism stimulator and a natural anti-ageing boost. This treatment is a must for the results-conscious client.



MINI MI BODY TREATMENT

MINI MI INCH-LOSS BODY WRAPS

120 MINUTES - €85

(COURSE OF 3 - €220)

This award winning inch loss wrap targets fat reduction in specific problem areas helping to reduce a dress size in a single treatment. This wrap improves skin tone, tightens and firms and reduces the appearance of cellulite. For maximum results we recommend a six week course.



GLENROYAL MASSAGE

DEEP TISSUE MASSAGE

55 MINUTES - €95

A highly effective therapeutic massage technique that focuses on the deeper muscle layers and aims to release tension in the body. Deep Tissue Massage will noticeably loosen muscles, alleviate pain and increase mobility.

BACK, FOOT OR SCALP MASSAGE

25 MINUTES - €50

Stuck for time? Why not indulge in a targeted Back, Foot or Scalp Massage designed to ease those aches and pains and leave you totally relaxed and with a renewed sense of vitality and wellbeing.

SPA ARRIVAL

Residents:

We recommend you arrive at the spa reception at least 60 minutes before your treatment to enjoy full use of our adult only pool, sauna, steam room and jacuzzi. Please allow 15 minutes before your appointment time to complete a spa consultation form and change into your luxury spa robe and slippers. If you don't wish to use the pre-treatment facilities, please arrive 15 minutes before your appointment time.

Non-Residents:

We recommend you arrive at spa reception at least 60 minutes before your treatment to enjoy full use of our adult only pool, sauna, steam room and jacuzzi, located within the leisure club.. Please allow 15 minutes before your appointment time to complete a spa consultation form and change into your luxury spa robe and slippers.

Please be aware that late arrivals will not receive an extension to their treatment but a full charge may be incurred.

What to bring:

For your comfort, we provide you with a luxurious robe, towels and slippers for your spa journey. Hotel guests may wish to arrive in their bedroom robe. Disposable underwear is provided for your comfort during your spa treatments. Please bring a bathing suit to use the the pre-treatment facilities.



TERMS & CONDITIONS

Cancellation Policy:

We have a strict 24 hour cancellation policy. Groups of three or more require 48 hours notice. Changes or cancellations made outside the requested notice period will attract a fee of 50% of the treatment booked. Credit card details are required to secure all bookings. If you do not call to cancel, or do not show for your appointment, you will be charged the full amount on your credit card or room bill.

Medical Conditions:

Some therapies are not suitable for clients with medical conditions so please let us know if you have any concerns or medical conditions.

Age requirements:

The minimum age requirement for access to the spa and treatments is 18 years.

Pregnancy:



Our spa team will help to guide you in selecting which treatments are most suitable for you during this special time. These treatments are adaptable for expectant and nursing mothers after the first 12 weeks of pregnancy.

Products and gifts:

To continue your spa experience at home, all products used in your treatments are available to purchase. Gift vouchers are available for Noa Spa and are an ideal present for that someone special.

HOW TO FIND US

Noa Spa

Glenroyal Hotel & Leisure Club
Straffan Rd
Maynooth
Co. Kildare, W23 C2C9

Tel: 01 629 1484

Email: noaspa@glenroyal.ie

Web: www.glenroyal.ie



Opening Hours

Monday 10am - 8pm

Tuesday 10am - 8pm

Wednesday 10am - 8pm

Thursday 10am - 8pm

Friday 10am - 8pm

Saturday 10am - 6pm

Sunday 10am - 2pm



