

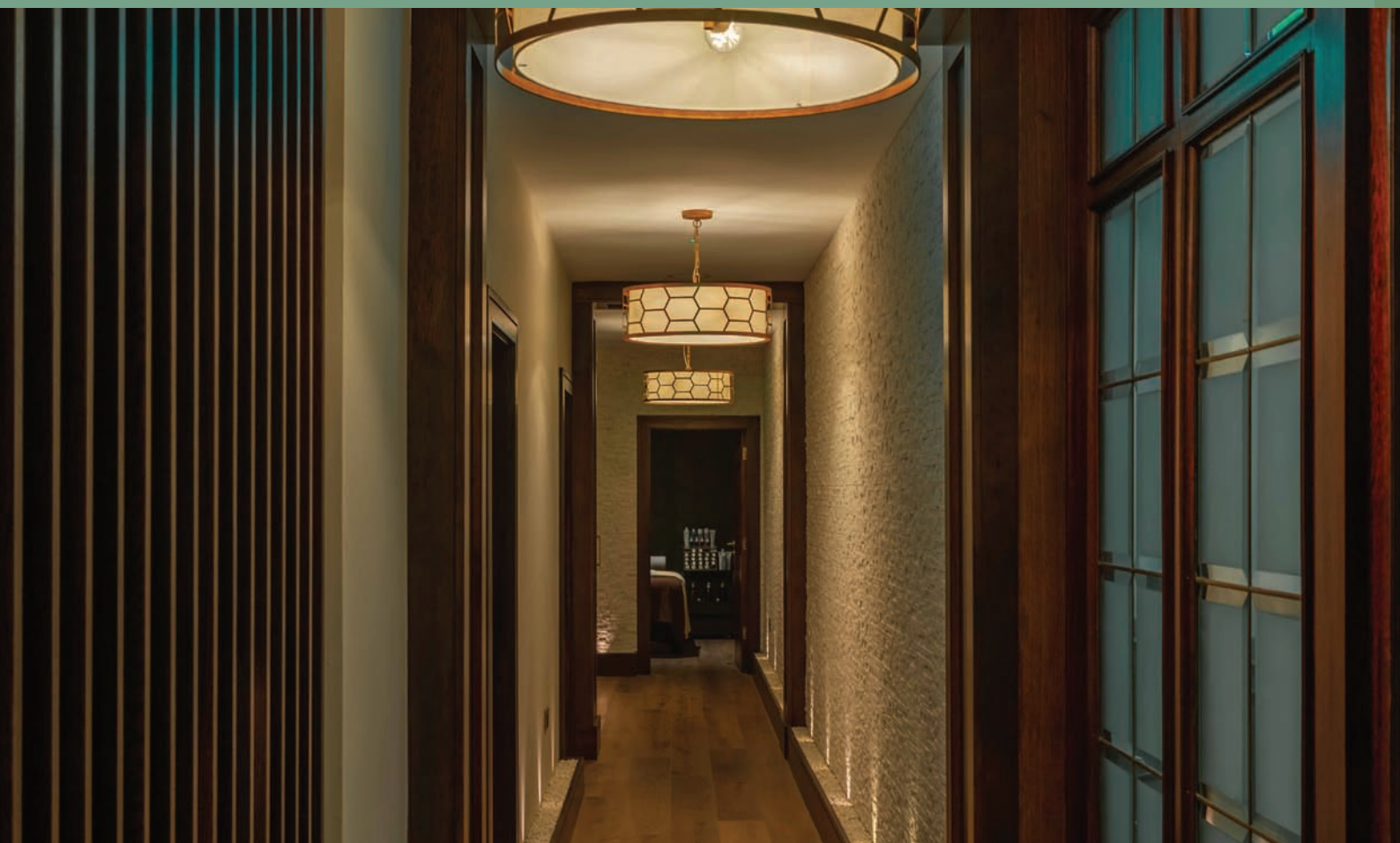


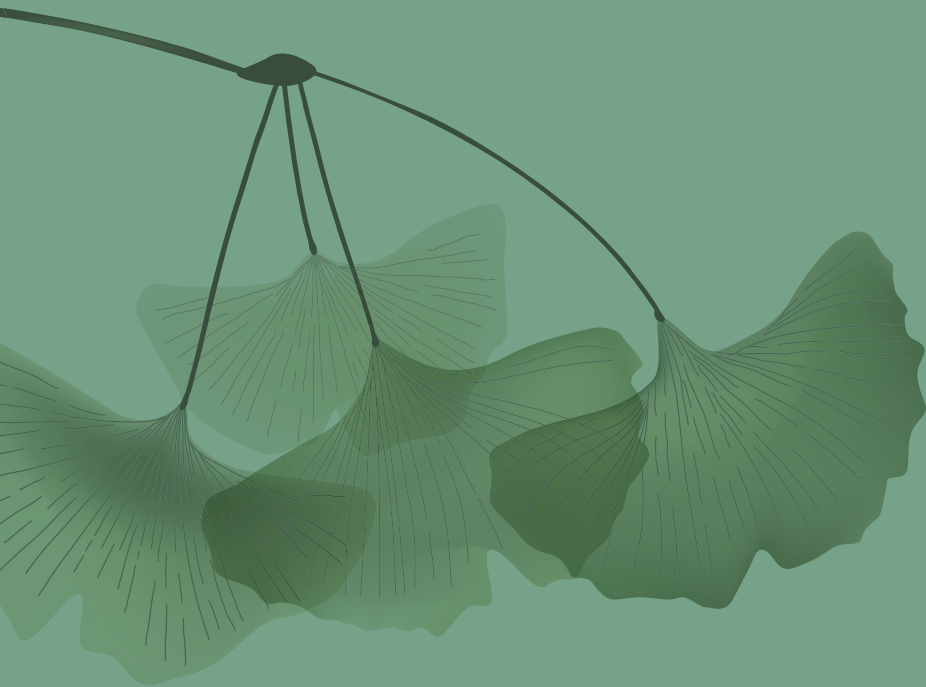
NOA

spa & wellness

Welcome to Noa Spa & Wellness

Let our team of professional therapists take you on a journey of relaxation and well-being. We have personally selected a range of luxurious spa treatments especially for you. These treatments are uniquely designed to deliver exceptional results through holistic well-being and modern treatment programmes.





YON
KA
P A R I S

Yon-Ka provides your skin with the most precious parts of the plant. Their revitalizing essential oils full of solar energy and complementary active ingredients, vitamins, fruit acids and polyphenols deliver results-driven, yet pampering treatments and products. With a Yon-Ka treatment, the client truly de-stresses in a cocoon of heavenly ambiance

FACIALS



The Hydralessence Facial - 50 Min €90

Sensitive Skin, Maximum Hydration

The Hydralessence - This intensely hydrating facial helps restore the skins natural barrier function and soothes dry, dehydrated skin by infusing multiple forms of hyaluronic acid and essential nutrients to help take your skin to hydrated bliss. Particularly beneficial after sun exposure or for thirsty skin in need of long lasting, deep hydration.

Time Resist Anti-Ageing Facial - 50 Min €95

Anti-wrinkle, Anti-fatigue, Energising

This treatment helps boosts elasticity and collagen to firm and reduce medium to deep lines and wrinkles. Replenish your skin with powerful actives, 24 amino acids, stem cells, peptides, and nutrients. Clinical trials prove a 12% reduction in wrinkles after only one treatment. A course of facials is highly recommended for optimum wrinkle reduction.

Youthful Advanced Optimiser Facial - 50 Min €95

Firming, Toning, Lifting, Collagen Repair

An advanced lifting and firming treatment to optimise and maximise your skins regeneration. Enjoy superior results after just one treatment with this anti-aging facial which gives an instant lift. A course of treatments assists and remodels collagen long-term.

Yon-ka Signature Facial - 50 Min €85

Rebalance, Deep Cleansing

A customised, restoring, and relaxing facial designed to target all your skin concerns. It balances & re-mineralises your skin while focusing on deep pore cleansing, with extractions. Ideal for all skin types who want to maintain a healthy complexion.

Taster Facial - 25 Min €55

This treatment is perfect for a quick boost and to refresh, hydrate and restore your skin. Includes cleanse, exfoliation, and face mask.

MASSAGE



Destress Massage - 40 Min €60

Relax & unwind with our 40 Minute Destress Massage. Includes back, neck and shoulder massage incorporating with Indian Head Massage.

Back Massage - 25 Min €55

This deep-pressure massage concentrates on relieving stress and tension in the back, neck and shoulders.

Deep Tissue Massage - 50 Min €95

A highly effective therapeutic massage technique that focuses on the deeper muscle layers and aims to release tension in the body. Deep Tissue Massage will noticeably loosen muscles, alleviate pain, and increase mobility.

Hot Stone Back Massage - 25 Min €55

A detoxifying, deeply relaxing back massage with the use of hot basalt stones. The heat from the stones warm tight muscles, allowing your therapist to work deeper. This treatment is fantastic for stress reduction, allowing you to unwind.

Hot Stone Massage - 50 Min €90

A Hot Stone back massage using hot basalt stones, that's both detoxifying and deeply relaxing. This is the ideal treatment to help you completely unwind and relieve stress.

Swedish Massage - 50 Min €90

A popular traditional full-body Swedish Massage, which helps ease muscle aches and tension, whilst improving circulation and flexibility. It alleviates stress and helps both body and mind relax.

WELLBEING





WELLBEING

Aroma Fusion Escape Massage - 50 Min €85

Give your body the ultimate massage experience with Yon-Ka Aroma Fusion. Noa Spa invites you to escape on a relaxation journey using volcanic hot stone. Release muscular stress, reduce tension and restore your body's perfect harmony and flow.

Enjoy an Escape Massage with your all-natural aroma fusion aromatic concentrate, choose which unique formulas.

1. Detox - In Provence

Using lavender and everlasting essential oil to reduce stress relief has a detoxifying effect.

2. Silhouette - A walk in the Forest

Essential oils of Cedar and Cypress, has a toning and invigorating effect.

3. Vitality - In Corsica

Essential oils of Mandarin and Sweet Orange, imparts an energy boosting effect.

4. Relax - In Polynesia

With its exhilarating Tiare Flower and Jasmine notes, an invitation to deep relaxation.

Noa Spa Massage Journey - 1hr 20min €120

Unique top-to-toe relaxation journey, incorporates Indian Head, face and full body massage using warm massage oil .

New Beginnings Pregnancy Massage - 50 Min €90



Enjoy a relaxing full body pregnancy massage, our skilled therapists will tailor your treatment to suit your needs. For safety & wellbeing this cannot be offered within the first 12 weeks of pregnancy.

Bump & Me - 1hr 15min €120



Enjoy a relaxing full body pregnancy massage with tummy mask, followed by a 30-minute Yon-Ka facial. Your treatment can be tailored to suit your needs. For safety & wellbeing this cannot be offered within the first 12 weeks of pregnancy.

Luxury Foot & Leg Massage -25 Min €50

This massage stimulates the foot and leg muscles, reducing tension and improving circulation, often whilst easing pain.

Indian Head Massage - 25 Min €50

Focuses on acupressure points along the head, neck and shoulders. Often circular massage strokes are used to improve hair and scalp condition.

Luxury Scalp Massage - 25 Min €50

Relax the mind, body and spirit. This specialised technique incorporates massage of the neck, head, shoulders and face. It focuses on pressure points, reducing stress and tension, whilst relieving headaches.



NOA SPA PACKAGES

Half-Day Spa Package - 50 Min €100

Relaxing back massage and taster facial, complimentary glass of prosecco, complimentary use of swimming pool, sauna and steam room.

Pamper Me Package - 1hr 15min €120

Relaxing back massage, moisturizing hand & foot mask, facial including scalp massage, complimentary glass of prosecco, complimentary use of swimming pool, sauna and steam room.



BEAUTY & GROOMING

FACIAL CARE

Eyebrow Tint	€5.00
Eyebrow Tweeze.....	€10.00
Eyebrow Waxing	€11.00
Eye Combo	€20.00
Eyelash Tint	€11.00
Lip Wax.....	€10.00
Chin Wax.....	€10.00
Lip & Chin Wax	€15.00

WAXING

Arm Wax.....	€17.00
Under Arm Wax.....	€18.00
Back Wax	€35.00
Standard Bikini	€20.00
Full Leg Wax.....	€40.00
Full Leg & Bikini Wax	€45.00
Half Leg Wax.....	€26.00
Half Wax – Upper.....	€26.00



SPA ARRIVAL

RESIDENTS

We recommend you arrive at the spa reception at least 60 minutes before your treatment to enjoy full use of our adult only pool, sauna, steam room and jacuzzi. Please allow 15 minutes before your appointment to complete a spa consultation form and change into your luxury spa robe and slippers. If you don't wish to use the pre-treatment facilities, please arrive 15 minutes before your appointment time.

NON-RESIDENTS

We recommend you arrive at spa reception at least 60 minutes before your treatment to enjoy full use of our adult only pool, sauna, steam room and jacuzzi, located within the leisure club. Please allow 15 minutes before your appointment time to complete a spa consultation form and change into your luxury spa robe and slippers.

Please be aware that late arrivals will not receive an extension to their treatment but a full charge may be incurred.



WHAT TO BRING

For your comfort, we provide you with a luxurious robe, towels and slippers for your spa journey. Hotel guests may wish to arrive in their bedroom robe. Disposable underwear is provided for your comfort during your spa treatments. Please bring a bathing suit to use in the pre-treatment facilities.



TERMS & CONDITIONS

CANCELLATION POLICY

We have a strict 24 hour cancellation policy. Groups of three or more require 48 hours notice. Changes or cancellations made outside the requested notice period will attract a fee of 50% of the treatment booked. Credit card details are required to secure all bookings. If you do not call to cancel, or do not show for your appointment, you will be charged the full amount of your credit card or room bill.

MEDICAL CONDITIONS

Some therapies are not suitable for clients with medical conditions so please let us know if you have any concerns or medical conditions.

AGE REQUIREMENTS

The minimum age requirement for access to the spa and treatments is 18 years.

PREGNANCY

Our spa team will help to guide you in selecting which treatments are most suitable for you during this special time. These treatments are adaptable for expectant and nursing mothers after the first 12 weeks of pregnancy.

PRODUCTS & GIFTS

To continue your spa experience at home, all products used in your treatments are available to purchase. Gift vouchers are available for Noa Spa and are an ideal present for that someone special.



spa & wellness

Glenroyal Hotel & Leisure Club
Straffon Road
Maynooth
Co. Kildare W23 C2V1

Monday - Friday: 10am - 6pm

Saturday: 10am - 6pm

Sunday: 10am - 3pm

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